



Dr. Shybut specializes in arthroscopic and reconstructive surgery of the knee, shoulder, and elbow.

KNEE

Anterior Cruciate Ligament (ACL) Tears
Meniscus Tears
Posterior Cruciate Ligament (PCL) Tears
Medial Collateral Ligament (MCL) Tears
Lateral Collateral Ligament (LCL) Tears
Cartilage Injuries
Patellar Injuries
Quadriceps Tendon Tears
Patellar Tendon Tears

SHOULDER

Shoulder Dislocations and Instability
Labral Tears (including SLAP and Bankart)
Rotator Cuff Tears
Shoulder Separations
Acromioclavicular (AC) Joint Injuries
Arthritis
Fractures

ELBOW

Collateral Ligament Tears (Tommy John Surgery)
Lateral Epicondylitis (Tennis Elbow)
Bicep Tendon Tears

Theodore Shybut, MD

Orthopedic Surgery & Sports Medicine

Theodore Shybut, M.D. orthopedic surgeon, specializes in orthopedic surgery and sports medicine at Memorial Hermann Northeast Hospital.

Dr. Shybut is a graduate of Harvard University. He attended medical school at Columbia University College of Physicians and Surgeons in New York City, where he was elected to the prestigious Alpha Omega Alpha honor society. He completed his residency in orthopedic surgery at the Hospital for Joint Diseases at New York University Langone Medical Center. Dr. Shybut then completed a fellowship in Sports Medicine at Baylor College of Medicine in Houston. During fellowship, an extra year of specialty training in orthopedic sports medicine, Dr. Shybut mastered advanced arthroscopic surgery techniques for the knee, shoulder, and elbow.

Dr. Shybut has extensive experience covering teams and events, including the Houston Texans, Houston Astros, and Houston Rockets. Dr. Shybut is the head team physician for Humble ISD, with responsibility for Atascocita High School, Humble High School, and Summer Creek High School.

Dr. Shybut's interest in athletics and sports medicine also stems from his personal pursuits. He competed as a college athlete at Harvard, rowing for the freshman and varsity lightweight crews. Following his intercollegiate rowing career, he became an avid runner, and has raced distances from the mile to the marathon, including the New York marathon and the elite Boston marathon.

Dr. Shybut remains professionally connected as a member of the American Orthopedic Society for Sports Medicine, the American Academy of Orthopedic Surgeons and the Arthroscopy Association of North America. In addition, his paper on surgical treatment of meniscus tears was recently published.

Theodore Shybut, M.D.
18955 Memorial North
Suite 420
Humble, Texas 77338
Ph: 281.319.5900
Fax: 281.319.5940

